



Our introductory programs combine small group instruction with guided play on the course and a chance to socialise with members and fellow golfers of a similar level.

Our structured curriculum allows for all participants to achieve a solid grounding in each of the 5 key areas – Putting, Around the Green, Full swing, Golf Knowledge and Scoring.

The introductory programs are a pathway to membership and it is hoped that participants will want to progress through to a playing membership category that suits their needs.

Progression through the introductory program entitles participants to a discount on their membership entrance fees equivalent to the program fees they have paid.

For those especially new to golf we can provide equipment for the duration of the clinics. Please let us know when booking so we can make arrangements for suitable clubs to be loaned.



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# GET INTO GOLF

## MONA VALE GOLF CLUB



*Where the ocean stops and the game begins*



# INTRODUCTORY CLINICS

## LEVEL 1

**\$210**

6 x 1 hour group tuition clinics with a PGA professional over consecutive weeks plus mentoring.

This program introduces golf to beginners and those with little experience. Understanding the basics of golf in a relaxed group environment will help build an appreciation of the game.

The focus of the Level 1 program is on:

- basic rules and course awareness
- fundamentals of stance, grip and technique
- short game (putting and chipping)
- swing development

The beginners group will be able to test their new found skills over a few holes under the guidance of experienced members before enjoying some light refreshments back in the clubhouse.

**11am Skills clinic**

**12pm Guided course play 3-6 holes**

**Refreshments in Members Lounge**

## LEVEL 2

**\$210**

6 x 1 hour group tuition clinics with a PGA professional over consecutive weeks plus mentoring.

This program is a progression from level 1 and can also be used as a refresher program for those returning to golf after a long absence. The aim of the program is to provide a pathway for those players wanting to build confidence in playing more than a few holes and enjoy membership.

The focus of the Level 2 program is on:

- swing development and improvement
- short game tips and drills
- shot selection and club selection
- introduction to course management

The beginners group will be able to play up to 10 holes under the guidance of experienced members whilst learning about course etiquette and scoring formats before enjoying some light refreshments back in the clubhouse.

**10am Skills clinic**

**11am Guided course play 6-10 holes**

**Refreshments in Members Lounge**

